

2024 年度 水泳資格表 [男子 12 歳以下] **SWIMMING STANDARDS** 有効期限 2025 年 3 月 31 日まで

A G E	C L A S S	 自由形 (FREE STYLE)						 背 泳 ぎ (BACK STROKE)			 平 泳 ぎ (BREAST STROKE)			 バタフライ (BUTTERFLY STROKE)			 個人メドレー (INDIVIDUAL MEDLEY)			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
12 歳	AA	15	24.41	53.25	1:55.53	4:05.07	8:28.98	16:18.62	27.17	58.79	2:07.82	30.22	1:04.91	2:19.05	26.08	57.36	2:06.44	58.74	2:08.54	4:32.28
		14	24.93	54.43	1:58.11	4:10.60	8:40.53	16:40.83	27.87	1:00.28	2:11.05	30.90	1:06.47	2:22.17	26.64	58.73	2:09.47	1:00.05	2:11.42	4:38.22
		13	25.45	55.60	2:00.68	4:16.12	8:52.07	17:03.03	28.57	1:01.77	2:14.29	31.57	1:08.03	2:25.30	27.19	1:00.09	2:12.51	1:01.36	2:14.29	4:44.17
		12	25.96	56.78	2:03.26	4:21.65	9:03.62	17:25.23	29.27	1:03.26	2:17.53	32.24	1:09.59	2:28.42	27.75	1:01.46	2:15.54	1:02.67	2:17.16	4:50.11
	A	11	26.48	57.95	2:05.83	4:27.17	9:15.17	17:47.44	29.97	1:04.75	2:20.77	32.91	1:11.15	2:31.55	28.30	1:02.82	2:18.58	1:03.98	2:20.03	4:56.06
		10	27.60	1:00.39	2:11.13	4:38.44	9:38.50	18:31.23	31.13	1:07.23	2:26.15	34.27	1:14.08	2:37.88	29.49	1:05.29	2:24.05	1:06.76	2:25.93	5:08.88
		9	28.72	1:02.84	2:16.42	4:49.71	10:01.83	19:15.03	32.29	1:09.72	2:31.53	35.63	1:17.02	2:44.22	30.68	1:07.75	2:29.52	1:09.54	2:31.82	5:21.71
		8	29.84	1:05.28	2:21.72	5:00.99	10:25.17	19:58.82	33.46	1:12.20	2:36.91	36.98	1:19.95	2:50.55	31.87	1:10.22	2:34.99	1:12.33	2:37.72	5:34.53
	B	7	30.96	1:07.73	2:27.01	5:12.26	10:48.50	20:42.62	34.62	1:14.69	2:42.30	38.34	1:22.89	2:56.88	33.06	1:12.69	2:40.46	1:15.11	2:43.61	5:47.35
		6	32.09	1:10.17	2:32.31	5:23.53	11:11.83	21:26.41	35.78	1:17.17	2:47.68	39.70	1:25.82	3:03.22	34.25	1:15.16	2:45.93	1:17.89	2:49.51	6:00.17
		5	33.21	1:12.61	2:37.61	5:34.80	11:35.16	22:10.21	36.94	1:19.65	2:53.06	41.06	1:28.75	3:09.55	35.43	1:17.62	2:51.40	1:20.67	2:55.41	6:13.00
		4	34.33	1:15.06	2:42.90	5:46.07	11:58.49	22:54.00	38.10	1:22.14	2:58.44	42.42	1:31.69	3:15.89	36.62	1:20.09	2:56.88	1:23.45	3:01.30	6:25.82
下	3	35.45	1:17.50	2:48.20	5:57.35	12:21.83	23:37.80	39.27	1:24.62	3:03.83	43.77	1:34.62	3:22.22	37.81	1:22.56	3:02.35	1:26.23	3:07.20	6:38.64	
	2	36.57	1:19.95	2:53.49	6:08.62	12:45.16	24:21.59	40.43	1:27.11	3:09.21	45.13	1:37.56	3:28.56	39.00	1:25.02	3:07.82	1:29.01	3:13.09	6:51.47	
	1	37.69	1:22.39	2:58.79	6:19.89	13:08.49	25:05.39	41.59	1:29.59	3:14.59	46.49	1:40.49	3:34.89	40.19	1:27.49	3:13.29	1:31.79	3:18.99	7:04.29	
11 歳	AA	15	25.45	55.60	2:00.68	4:16.12	8:52.07	17:03.03	28.57	1:01.77	2:14.29	31.57	1:08.03	2:25.30	27.19	1:00.09	2:12.51	1:01.36	2:14.29	4:44.17
		14	26.03	56.92	2:03.39	4:21.91	9:04.14	17:26.22	29.33	1:03.45	2:17.94	32.30	1:09.72	2:28.80	27.81	1:01.65	2:15.96	1:02.78	2:17.39	4:50.74
		13	26.61	58.24	2:06.11	4:27.70	9:16.20	17:49.41	30.09	1:05.13	2:21.58	33.02	1:11.42	2:32.31	28.42	1:03.21	2:19.40	1:04.20	2:20.49	4:57.30
		12	27.19	59.55	2:08.82	4:33.48	9:28.26	18:12.60	30.84	1:06.80	2:25.23	33.75	1:13.11	2:35.81	29.04	1:04.76	2:22.85	1:05.61	2:23.60	5:03.87
	A	11	27.77	1:00.87	2:11.53	4:39.27	9:40.32	18:35.79	31.60	1:08.48	2:28.87	34.48	1:14.80	2:39.32	29.65	1:06.32	2:26.30	1:07.03	2:26.70	5:10.44
		10	29.03	1:03.61	2:17.53	4:52.05	10:06.44	19:24.97	32.90	1:11.22	2:34.83	36.01	1:18.08	2:46.41	30.99	1:09.06	2:32.38	1:10.17	2:33.35	5:24.85
		9	30.29	1:06.35	2:23.52	5:04.84	10:32.55	20:14.15	34.20	1:13.96	2:40.78	37.54	1:21.36	2:53.49	32.34	1:11.79	2:38.46	1:13.30	2:40.00	5:39.27
		8	31.56	1:09.10	2:29.52	5:17.62	10:58.67	21:03.33	35.50	1:16.70	2:46.73	39.07	1:24.64	3:00.58	33.68	1:14.53	2:44.53	1:16.44	2:46.65	5:53.68
	B	7	32.82	1:11.84	2:35.51	5:30.40	11:24.79	21:52.51	36.80	1:19.44	2:52.68	40.60	1:27.92	3:07.67	35.03	1:17.27	2:50.61	1:19.57	2:53.30	6:08.10
		6	34.08	1:14.58	2:41.51	5:43.18	11:50.90	22:41.69	38.10	1:22.18	2:58.63	42.14	1:31.20	3:14.76	36.37	1:20.01	2:56.69	1:22.71	2:59.94	6:22.51
		5	35.34	1:17.32	2:47.51	5:55.96	12:17.02	23:30.87	39.39	1:24.93	3:04.58	43.67	1:34.47	3:21.84	37.71	1:22.74	3:02.77	1:25.85	3:06.59	6:36.93
		4	36.60	1:20.06	2:53.50	6:08.74	12:43.14	24:20.05	40.69	1:27.67	3:10.54	45.20	1:37.75	3:28.93	39.06	1:25.48	3:08.85	1:28.98	3:13.24	6:51.34
下	3	37.87	1:22.81	2:59.50	6:21.53	13:09.26	25:09.23	41.99	1:30.41	3:16.49	46.73	1:41.03	3:36.02	40.40	1:28.22	3:14.93	1:32.12	3:19.89	7:05.76	
	2	39.13	1:25.55	3:05.49	6:34.31	13:35.37	25:58.41	43.29	1:33.15	3:22.44	48.26	1:44.31	3:43.10	41.75	1:30.95	3:21.01	1:35.25	3:26.54	7:20.17	
	1	40.39	1:28.29	3:11.49	6:47.09	14:01.49	26:47.59	44.59	1:35.89	3:28.39	49.79	1:47.59	3:50.19	43.09	1:33.69	3:27.09	1:38.39	3:33.19	7:34.59	
10 歳	AA	15	27.19	59.55	2:08.82	4:33.48	9:28.26	18:12.60	30.84	1:06.80	2:25.23	33.75	1:13.11	2:35.81	29.04	1:04.76	2:22.85	1:05.61	2:23.60	5:03.87
		14	27.84	1:00.99	2:11.89	4:40.01	9:41.83	18:38.69	31.59	1:08.43	2:28.77	34.68	1:15.12	2:40.09	29.77	1:06.41	2:26.48	1:07.14	2:26.94	5:10.93
		13	28.49	1:02.43	2:14.96	4:46.54	9:55.40	19:04.78	32.35	1:10.06	2:32.31	35.61	1:17.12	2:44.37	30.51	1:08.06	2:30.12	1:08.66	2:30.27	5:18.00
		12	29.14	1:03.86	2:18.03	4:53.06	10:08.96	19:30.86	33.10	1:11.69	2:35.85	36.53	1:19.13	2:48.65	31.25	1:09.71	2:33.75	1:10.19	2:33.61	5:25.06
	A	11	29.79	1:05.30	2:21.10	4:59.59	10:22.53	19:56.95	33.85	1:13.32	2:39.39	37.46	1:21.14	2:52.93	31.99	1:11.35	2:37.38	1:11.71	2:36.95	5:32.13
		10	31.18	1:08.29	2:27.57	5:13.07	10:51.33	20:49.65	35.29	1:16.33	2:45.81	39.13	1:24.69	3:00.53	33.46	1:14.41	2:44.00	1:15.18	2:44.24	5:47.61
		9	32.57	1:11.28	2:34.04	5:26.55	11:20.12	21:42.34	36.74	1:19.35	2:52.23	40.81	1:28.25	3:08.13	34.93	1:17.46	2:50.61	1:18.65	2:51.54	6:03.10
		8	33.96	1:14.27	2:40.51	5:40.03	11:48.92	22:35.03	38.18	1:22.37	2:58.65	42.48	1:31.80	3:15.72	36.40	1:20.51	2:57.22	1:22.12	2:58.83	6:18.59
	B	7	35.35	1:17.25	2:46.97	5:53.51	12:17.72	23:27.73	39.63	1:25.39	3:05.07	44.15	1:35.36	3:23.32	37.87	1:23.57	3:03.83	1:25.58	3:06.13	6:34.07
		6	36.74	1:20.24	2:53.44	6:06.99	12:46.51	24:20.42	41.07	1:28.40	3:11.49	45.83	1:38.91	3:30.91	39.34	1:26.62	3:10.44	1:29.05	3:13.42	6:49.56
		5	38.13	1:23.23	2:59.91	6:20.47	13:15.11	25:13.12	42.51	1:31.42	3:17.91	47.50	1:42.47	3:38.51	40.81	1:29.67	3:17.05	1:32.52	3:20.71	7:05.04
		4	39.52	1:26.22	3:06.38	6:33.95	13:44.10	26:05.81	43.96	1:34.44	3:24.33	49.17	1:46.02	3:46.10	42.28	1:32.73	3:23.66	1:35.99	3:28.01	7:20.53
下	3	40.91	1:29.21	3:12.85	6:47.43	14:12.90	26:58.50	45.40	1:37.46	3:30.75	50.84	1:49.58	3:53.70	43.75	1:35.78	3:30.27	1:39.45	3:35.30	7:36.02	
	2	42.30	1:32.20	3:19.32	7:00.91	14:41.69	27:51.20	46.85	1:40.47	3:37.17	52.52	1:53.13	4:01.29	45.22	1:38.84	3:36.88	1:42.92	3:42.60	7:51.50	
	1	43.69	1:35.19	3:25.79	7:14.39	15:10.49	28:43.89	48.29	1:43.49	3:43.59</										