

2025年度 水泳資格級表

男子	8歳以下	自由形					背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	29.89	1:05.99	2:22.59	5:02.75	10:21.21	19:49.86	33.95	1:14.27	2:42.11	37.56	1:21.46	2:56.43	32.09	1:11.77	2:37.71	1:12.13	2:37.35	5:32.66
	14	31.22	1:08.88	2:29.00	5:16.43	10:50.00	20:44.81	35.33	1:17.17	2:48.49	39.28	1:25.18	3:04.35	33.48	1:14.81	2:44.54	1:15.12	2:44.43	5:47.87
	13	32.55	1:11.78	2:35.41	5:30.11	11:18.80	21:39.76	36.72	1:20.07	2:54.87	41.00	1:28.91	3:12.27	34.88	1:17.85	2:51.37	1:18.11	2:51.52	6:03.08
	12	33.88	1:14.68	2:41.82	5:43.79	11:47.60	22:34.71	38.11	1:22.97	3:01.25	42.72	1:32.63	3:20.19	36.27	1:20.89	2:58.20	1:21.10	2:58.61	6:18.29
	11	35.22	1:17.58	2:48.24	5:57.47	12:16.40	23:29.67	39.50	1:25.87	3:07.64	44.45	1:36.36	3:28.11	37.67	1:23.94	3:05.03	1:24.10	3:05.70	6:33.51
A	10	36.60	1:20.59	2:54.91	6:11.70	12:46.37	24:26.87	40.96	1:28.92	3:14.36	46.09	1:39.91	3:35.65	39.09	1:27.03	3:11.98	1:27.22	3:13.09	6:49.38
	9	37.99	1:23.61	3:01.58	6:25.94	13:16.35	25:24.08	42.42	1:31.98	3:21.09	47.74	1:43.47	3:43.20	40.51	1:30.13	3:18.94	1:30.34	3:20.49	7:05.26
	8	39.38	1:26.62	3:08.25	6:40.18	13:46.33	26:21.29	43.88	1:35.04	3:27.81	49.38	1:47.02	3:50.74	41.93	1:33.23	3:25.89	1:33.46	3:27.88	7:21.14
	7	40.77	1:29.64	3:14.93	6:54.42	14:16.31	27:18.50	45.35	1:38.10	3:34.54	51.03	1:50.58	3:58.29	43.35	1:36.33	3:32.85	1:36.59	3:35.28	7:37.02
	6	42.16	1:32.66	3:21.60	7:08.66	14:46.29	28:15.71	46.81	1:41.16	3:41.26	52.68	1:54.13	4:05.83	44.77	1:39.43	3:39.81	1:39.71	3:42.67	7:52.90
B	5	43.55	1:35.67	3:28.27	7:22.90	15:16.27	29:12.92	48.27	1:44.21	3:47.99	54.32	1:57.69	4:13.38	46.19	1:42.53	3:46.76	1:42.83	3:50.07	8:08.78
	4	44.94	1:38.69	3:34.95	7:37.14	15:46.25	30:10.13	49.74	1:47.27	3:54.71	55.97	2:01.24	4:20.92	47.61	1:45.63	3:53.72	1:45.96	3:57.46	8:24.66
	3	46.33	1:41.70	3:41.62	7:51.38	16:16.23	31:07.34	51.20	1:50.33	4:01.44	57.61	2:04.80	4:28.47	49.03	1:48.73	4:00.67	1:49.08	4:04.86	8:40.54
	2	47.72	1:44.72	3:48.29	8:05.62	16:46.21	32:04.55	52.66	1:53.39	4:08.16	59.26	2:08.35	4:36.01	50.45	1:51.83	4:07.63	1:52.20	4:12.25	8:56.42
	1	49.11	1:47.74	3:54.97	8:19.86	17:16.19	33:01.76	54.13	1:56.45	4:14.89	1:00.91	2:11.91	4:43.56	51.87	1:54.93	4:14.59	1:55.33	4:19.65	9:12.30

男子	9歳	自由形					背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	29.17	1:04.37	2:19.14	4:55.42	10:06.24	19:21.19	33.08	1:12.35	2:37.93	36.61	1:19.40	2:51.93	31.30	1:10.01	2:33.86	1:10.53	2:33.88	5:25.35
	14	29.61	1:05.36	2:21.26	4:59.93	10:15.48	19:38.88	33.58	1:13.44	2:40.32	37.32	1:20.95	2:55.30	31.81	1:11.15	2:36.36	1:11.56	2:36.12	5:30.07
	13	30.06	1:06.35	2:23.39	5:04.44	10:24.72	19:56.58	34.08	1:14.54	2:42.31	38.04	1:22.51	2:58.68	32.32	1:12.29	2:38.87	1:12.59	2:38.36	5:34.80
	12	30.50	1:07.34	2:25.51	5:08.95	10:33.96	20:14.27	34.58	1:15.64	2:45.10	38.76	1:24.06	3:02.05	32.83	1:13.43	2:41.37	1:13.62	2:40.60	5:39.53
	11	30.95	1:08.33	2:27.64	5:13.47	10:43.20	20:31.97	35.08	1:16.74	2:47.50	39.48	1:25.62	3:05.43	33.35	1:14.58	2:43.88	1:14.65	2:42.84	5:44.26
A	10	32.37	1:11.41	2:34.50	5:28.13	11:14.26	21:31.20	36.55	1:19.78	2:54.21	41.13	1:29.20	3:12.99	34.79	1:17.70	2:50.93	1:17.80	2:50.46	6:00.67
	9	33.80	1:14.50	2:41.37	5:42.80	11:45.33	22:30.43	38.03	1:22.83	3:00.93	42.79	1:32.78	3:20.55	36.23	1:20.82	2:57.98	1:20.95	2:58.08	6:17.09
	8	35.22	1:17.58	2:48.24	5:57.47	12:16.40	23:29.67	39.50	1:25.87	3:07.64	44.45	1:36.36	3:28.11	37.67	1:23.94	3:05.03	1:24.10	3:05.70	6:33.51
	7	36.65	1:20.67	2:55.10	6:12.14	12:47.46	24:28.90	40.98	1:28.92	3:14.36	46.11	1:39.94	3:35.67	39.11	1:27.06	3:12.08	1:27.26	3:13.32	6:49.93
	6	38.08	1:23.76	3:01.97	6:26.81	13:18.53	25:28.14	42.46	1:31.97	3:21.08	47.77	1:43.53	3:43.24	40.55	1:30.19	3:19.13	1:30.41	3:20.94	7:06.35
B	5	39.50	1:26.84	3:08.84	6:41.48	13:49.60	26:27.37	43.93	1:35.01	3:27.79	49.43	1:47.11	3:50.80	41.99	1:33.31	3:26.18	1:33.56	3:28.56	7:22.76
	4	40.93	1:29.93	3:15.70	6:56.15	14:20.66	27:26.60	45.41	1:38.06	3:34.51	51.09	1:50.69	3:58.36	43.43	1:36.43	3:33.23	1:36.72	3:36.18	7:39.18
	3	42.35	1:33.01	3:22.57	7:10.82	14:51.73	28:25.84	46.88	1:41.10	3:41.22	52.75	1:54.27	4:05.92	44.87	1:39.55	3:40.28	1:39.87	3:43.80	7:55.60
	2	43.78	1:36.10	3:29.44	7:25.49	15:22.80	29:25.07	48.36	1:44.15	3:47.94	54.41	1:57.85	4:13.48	46.31	1:42.67	3:47.33	1:43.02	3:51.42	8:12.02
	1	45.21	1:39.19	3:36.31	7:40.16	15:53.87	30:24.31	49.84	1:47.20	3:54.66	56.07	2:01.44	4:21.05	47.75	1:45.80	3:54.38	1:46.18	3:59.04	8:28.44

男子	10歳	自由形					背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	27.01	59.53	2:08.80	4:33.43	9:21.35	17:55.21	30.49	1:06.62	2:25.39	33.76	1:13.25	2:38.44	28.95	1:04.75	2:22.33	1:05.76	2:23.49	5:03.43
	14	27.73	1:01.14	2:12.24	4:40.76	9:36.31	18:23.87	31.35	1:08.53	2:29.57	34.71	1:15.30	2:42.93	29.73	1:06.50	2:26.17	1:07.35	2:26.95	5:10.73
	13	28.45	1:02.76	2:15.69	4:48.09	9:51.28	18:52.53	32.22	1:10.44	2:33.75	35.66	1:17.35	2:47.43	30.52	1:08.26	2:30.02	1:08.94	2:30.42	5:18.04
	12	29.17	1:04.37	2:19.14	4:55.42	10:06.24	19:21.19	33.08	1:12.35	2:37.93	36.61	1:19.40	2:51.93	31.30	1:10.01	2:33.86	1:10.53	2:33.88	5:25.35
	11	29.89	1:05.99	2:22.59	5:02.75	10:21.21	19:49.86	33.95	1:14.27	2:42.11	37.56	1:21.46	2:56.43	32.09	1:11.77	2:37.71	1:12.13	2:37.35	5:32.66
A	10	31.05	1:08.50	2:28.19	5:14.73	10:46.69	20:38.43	35.13	1:16.68	2:47.45	38.95	1:24.46	3:02.76	33.26	1:14.31	2:43.46	1:14.66	2:43.56	5:46.09
	9	32.21	1:11.01	2:33.80	5:26.72	11:12.18	21:27.00	36.31	1:19.10	2:52.79	40.34	1:27.47	3:09.09	34.44	1:16.85	2:49.21	1:17.20	2:49.78	5:59.52
	8	33.37	1:13.52	2:39.41	5:38.71	11:37.67	22:15.57	37.49	1:21.52	2:58.13	41.73	1:30.47	3:15.42	35.61	1:19.39	2:54.97	1:19.74	2:56.00	6:12.95
	7	34.54	1:16.03	2:45.01	5:50.70	12:03.16	23:04.14	38.67	1:23.94	3:03.47	43.13	1:33.48	3:21.75	36.79	1:21.93	3:00.72	1:22.28	3:02.22	6:26.38
	6	35.70	1:18.54	2:50.62	6:02.69	12:28.65	23:52.71	39.86	1:26.36	3:08.81	44.52	1:36.49	3:28.08	37.97	1:24.47	3:06.48	1:24.82	3:08.44	6:39.81
B	5	36.86	1:21.05	2:56.23	6:14.67	12:54.13	24:41.28	41.04	1:28.77	3:14.15	45.91	1:39.49	3:34.41	39.14	1:27.01	3:12.23	1:27.35	3:14.65	6:53.24
	4	38.03	1:23.56	3:01.83	6:26.66	13:19.62	25:29.85	42.22	1:31.19	3:19.49	47.31	1:42.50	3:40.74	40.32	1:29.55	3:17.98	1:29.89	3:20.87	7:06.67
	3	39.19	1:26.07	3:07.44	6:38.65	13:45.11	26:18.42	43.40	1:33.61	3:24.83	48.70	1:45.50	3:47.07	41.49	1:32.09	3:23.74	1:32.43	3:27.09	7:20.10
	2	40.35	1:28.58	3:13.05	6:50.64	14:10.60	27:06.99	44.58	1:36.03	3:30.17	50.09	1:48.51	3:53.40	42.67	1:34.63	3:29.49	1:34.97	3:33.31	7:33.53
	1	41.52	1:31.10	3:18.66	7:02.63	14:36.09	27:55.57	45.77	1:38.45	3:35.51	51.49	1:51.52	3:59.74	43.85	1:37.17	3:35.25	1:37.51	3:39.53	7:46.97

男子	11歳	自由形					背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
		50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m
AA	15	25.34	55.52	2:00.63														

2025年度 水泳資格級表

男子 13歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	23.55	51.40	1:52.20	3:57.31	8:11.59	15:41.61	26.00	56.63	2:03.44	28.88	1:02.92	2:15.40	24.93	55.61	2:02.14	57.02	2:04.82	4:25.08
	14	23.94	52.24	1:53.82	4:00.98	8:17.97	15:53.83	26.43	57.60	2:05.52	29.30	1:03.88	2:17.11	25.29	56.44	2:04.17	57.91	2:06.65	4:28.66
	13	24.34	53.09	1:55.44	4:04.66	8:24.35	16:06.05	26.87	58.58	2:07.60	29.73	1:04.85	2:18.83	25.65	57.28	2:06.20	58.80	2:08.49	4:32.25
	12	24.74	53.93	1:57.06	4:08.33	8:30.73	16:18.27	27.31	59.56	2:09.68	30.16	1:05.82	2:20.54	26.01	58.12	2:08.23	59.69	2:10.32	4:35.83
	11	25.14	54.78	1:58.69	4:12.01	8:37.12	16:30.50	27.75	1:00.54	2:11.76	30.59	1:06.79	2:22.26	26.37	58.96	2:10.26	1:00.59	2:12.16	4:39.42
A	10	26.00	56.78	2:03.21	4:21.91	8:58.51	17:11.47	28.71	1:02.57	2:16.31	31.71	1:09.18	2:27.70	27.32	1:01.06	2:14.91	1:02.55	2:16.99	4:50.12
	9	26.87	58.78	2:07.73	4:31.81	9:19.90	17:52.45	29.67	1:04.61	2:20.86	32.83	1:11.57	2:33.14	28.28	1:03.16	2:19.57	1:04.51	2:21.82	5:00.83
	8	27.73	1:00.78	2:12.26	4:41.71	9:41.29	18:33.42	30.63	1:06.65	2:25.41	33.95	1:13.96	2:38.58	29.23	1:05.26	2:24.23	1:06.47	2:26.65	5:11.54
	7	28.60	1:02.78	2:16.78	4:51.61	10:02.68	19:14.40	31.60	1:08.69	2:29.96	35.07	1:16.35	2:44.02	30.19	1:07.36	2:28.89	1:08.43	2:31.48	5:22.25
	6	29.47	1:04.78	2:21.31	5:01.52	10:24.08	19:55.38	32.56	1:10.73	2:34.51	36.19	1:18.75	2:49.46	31.15	1:09.46	2:33.55	1:10.39	2:36.31	5:32.96
B	5	30.33	1:06.78	2:25.83	5:11.42	10:45.47	20:36.35	33.52	1:12.77	2:39.06	37.31	1:21.14	2:54.90	32.10	1:11.56	2:38.21	1:12.35	2:41.14	5:43.66
	4	31.20	1:08.78	2:30.35	5:21.32	11:06.86	21:17.33	34.49	1:14.81	2:43.61	38.43	1:23.53	3:00.34	33.06	1:13.66	2:42.87	1:14.31	2:45.97	5:54.37
	3	32.06	1:10.78	2:34.88	5:31.22	11:28.25	21:58.30	35.45	1:16.85	2:48.16	39.55	1:25.92	3:05.78	34.01	1:15.76	2:47.53	1:16.27	2:50.80	6:05.08
	2	32.93	1:12.78	2:39.40	5:41.12	11:49.64	22:39.28	36.41	1:18.89	2:52.71	40.67	1:28.31	3:11.22	34.97	1:17.86	2:52.19	1:18.23	2:55.63	6:15.79
	1	33.80	1:14.79	2:43.93	5:51.03	12:11.04	23:20.26	37.38	1:20.93	2:57.26	41.79	1:30.71	3:16.66	35.93	1:19.96	2:56.85	1:20.20	3:00.46	6:26.50

男子 14歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	22.77	49.80	1:49.05	3:50.54	8:02.32	15:23.84	25.18	54.74	1:59.50	28.03	1:00.94	2:11.50	24.11	53.62	1:58.36	55.01	2:00.87	4:16.85
	14	23.16	50.60	1:50.62	3:53.92	8:06.95	15:32.72	25.59	55.68	2:01.47	28.45	1:01.93	2:13.45	24.52	54.61	2:00.25	56.01	2:02.84	4:20.96
	13	23.55	51.40	1:52.20	3:57.31	8:11.59	15:41.61	26.00	56.63	2:03.44	28.88	1:02.92	2:15.40	24.93	55.61	2:02.14	57.02	2:04.82	4:25.08
	12	23.94	52.20	1:53.78	4:00.70	8:16.23	15:50.49	26.41	57.58	2:05.41	29.30	1:03.91	2:17.35	25.34	56.60	2:04.03	58.03	2:06.80	4:29.19
	11	24.34	53.00	1:55.36	4:04.09	8:20.87	15:59.38	26.83	58.53	2:07.38	29.73	1:04.91	2:19.30	25.76	57.60	2:05.93	59.04	2:08.78	4:33.31
A	10	25.13	54.83	1:59.47	4:13.18	8:40.56	16:37.10	27.71	1:00.40	2:11.56	30.74	1:07.07	2:24.14	26.61	59.47	2:10.21	1:00.79	2:13.12	4:42.87
	9	25.92	56.67	2:03.58	4:22.28	9:00.25	17:14.82	28.60	1:02.27	2:15.74	31.76	1:09.24	2:28.98	27.46	1:01.34	2:14.50	1:02.54	2:17.47	4:52.43
	8	26.71	58.51	2:07.69	4:31.38	9:19.95	17:52.55	29.48	1:04.14	2:19.92	32.77	1:11.41	2:33.82	28.32	1:03.21	2:18.79	1:04.29	2:21.82	5:01.99
	7	27.51	1:00.35	2:11.80	4:40.48	9:39.64	18:30.27	30.37	1:06.01	2:24.11	33.79	1:13.58	2:38.66	29.17	1:05.09	2:23.08	1:06.04	2:26.16	5:11.55
	6	28.30	1:02.19	2:15.92	4:49.58	9:59.34	19:08.00	31.25	1:07.89	2:28.29	34.81	1:15.75	2:43.51	30.03	1:06.96	2:27.37	1:07.80	2:30.51	5:21.12
B	5	29.09	1:04.03	2:20.03	4:58.67	10:19.03	19:45.72	32.14	1:09.76	2:32.47	35.82	1:17.91	2:48.35	30.88	1:08.83	2:31.65	1:09.55	2:34.86	5:30.68
	4	29.89	1:05.87	2:24.14	5:07.77	10:38.72	20:23.44	33.02	1:11.63	2:36.66	36.84	1:20.08	2:53.19	31.73	1:10.71	2:35.94	1:11.30	2:39.20	5:40.24
	3	30.68	1:07.71	2:28.25	5:16.87	10:58.42	21:01.17	33.91	1:13.50	2:40.84	37.85	1:22.25	2:58.03	32.59	1:12.58	2:40.23	1:13.05	2:43.55	5:49.80
	2	31.47	1:09.55	2:32.36	5:25.97	11:18.11	21:38.89	34.79	1:15.37	2:45.02	38.87	1:24.42	3:02.87	33.44	1:14.45	2:44.52	1:14.80	2:47.90	5:59.36
	1	32.27	1:11.39	2:36.48	5:35.07	11:37.81	22:16.62	35.68	1:17.25	2:49.21	39.89	1:26.59	3:07.72	34.30	1:16.33	2:48.81	1:16.56	2:52.25	6:08.93

男子 15~16歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	22.15	48.61	1:46.58	3:46.82	7:51.93	15:03.94	24.55	53.14	1:56.35	27.36	59.21	2:08.27	23.61	52.20	1:55.31	53.24	1:57.87	4:11.24
	14	22.46	49.20	1:47.81	3:48.68	7:57.12	15:13.89	24.86	53.94	1:57.92	27.69	1:00.07	2:09.88	23.86	52.91	1:56.83	54.12	1:59.37	4:14.04
	13	22.77	49.80	1:49.05	3:50.54	8:02.32	15:23.84	25.18	54.74	1:59.50	28.03	1:00.94	2:11.50	24.11	53.62	1:58.36	55.01	2:00.87	4:16.85
	12	23.08	50.40	1:50.28	3:52.40	8:07.51	15:33.79	25.50	55.54	2:01.07	28.36	1:01.80	2:13.11	24.36	54.33	1:59.88	55.90	2:02.37	4:19.66
	11	23.40	51.00	1:51.52	3:54.27	8:12.71	15:43.74	25.82	56.34	2:02.65	28.70	1:02.67	2:14.73	24.62	55.04	2:01.41	56.79	2:03.87	4:22.47
A	10	24.19	52.82	1:55.55	4:03.36	8:31.16	16:19.09	26.70	58.20	2:06.80	29.70	1:04.80	2:19.47	25.48	56.94	2:05.65	58.54	2:08.20	4:32.03
	9	24.98	54.65	1:59.59	4:12.46	8:49.62	16:54.45	27.58	1:00.06	2:10.96	30.70	1:06.94	2:24.22	26.35	58.84	2:09.89	1:00.29	2:12.53	4:41.59
	8	25.77	56.48	2:03.62	4:21.55	9:08.08	17:29.80	28.46	1:01.93	2:15.12	31.70	1:09.08	2:28.97	27.22	1:00.75	2:14.14	1:02.04	2:16.86	4:51.15
	7	26.56	58.31	2:07.66	4:30.65	9:26.54	18:05.16	29.34	1:03.79	2:19.28	32.70	1:11.21	2:33.71	28.08	1:02.65	2:18.38	1:03.79	2:21.19	5:00.71
	6	27.36	1:00.14	2:11.70	4:39.74	9:45.00	18:40.52	30.22	1:05.66	2:23.44	33.71	1:13.35	2:38.46	28.95	1:04.56	2:22.63	1:05.54	2:25.53	5:10.27
B	5	28.15	1:01.97	2:15.73	4:48.84	10:03.45	19:15.87	31.10	1:07.52	2:27.59	34.71	1:15.49	2:43.21	29.82	1:06.46	2:26.87	1:07.29	2:29.86	5:19.83
	4	28.94	1:03.80	2:19.77	4:57.93	10:21.91	19:51.23	31.98	1:09.38	2:31.75	35.71	1:17.62	2:47.95	30.68	1:08.36	2:31.11	1:09.04	2:34.19	5:29.39
	3	29.73	1:05.63	2:23.80	5:07.03	10:40.37	20:26.58	32.86	1:11.25	2:35.91	36.71	1:19.76	2:52.70	31.55	1:10.27	2:35.36	1:10.79	2:38.52	5:38.95
	2	30.52	1:07.46	2:27.84	5:16.12	10:58.83	21:01.94	33.74	1:13.11	2:40.07	37.71	1:21.90	2:57.45	32.42	1:12.17	2:39.60	1:12.54	2:42.85	5:48.51
	1	31.32	1:09.29	2:31.88	5:25.22	11:17.29	21:37.30	34.63	1:14.98	2:44.23	38.72	1:24.04	3:02.20	33.29	1:14.08	2:43.85	1:14.30	2:47.19	5:58.08

男子 17~18歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	21.30	47.12	1:43.28	3:41.15	7:40.56	14:42.17	23.55	50.99	1:51.68	26.33	57.15	2:03.90	22.64	50.38	1:51.42	50.53	1:53.69	4:03.50

2025年度 水泳資格級表

女子 8歳以下	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	29.90	1:05.45	2:21.37	4:56.28	10:00.16	19:06.05	33.87	1:13.56	2:42.28	38.01	1:22.46	2:55.05	32.13	1:11.43	2:40.20	1:12.85	2:38.52	5:33.32
	14	31.27	1:08.47	2:28.06	5:10.81	10:31.23	20:05.60	35.36	1:16.72	2:49.13	39.73	1:26.19	3:03.21	33.53	1:14.53	2:46.93	1:15.83	2:45.62	5:48.69
	13	32.65	1:11.50	2:34.75	5:25.35	11:02.31	21:05.16	36.86	1:19.89	2:55.98	41.46	1:29.92	3:11.38	34.94	1:17.63	2:53.67	1:18.82	2:52.72	6:04.06
	12	34.02	1:14.53	2:41.44	5:39.89	11:33.39	22:04.71	38.35	1:23.06	3:02.83	43.18	1:33.65	3:19.54	36.35	1:20.73	3:00.41	1:21.81	2:59.82	6:19.43
	11	35.40	1:17.56	2:48.14	5:54.43	12:04.47	23:04.27	39.85	1:26.23	3:09.69	44.91	1:37.38	3:27.71	37.76	1:23.84	3:07.15	1:24.80	3:06.93	6:34.81
A	10	36.77	1:20.57	2:54.82	6:08.97	12:35.64	24:04.01	41.27	1:29.25	3:16.21	46.51	1:40.83	3:35.29	39.17	1:26.94	3:13.89	1:27.85	3:14.20	6:50.55
	9	38.14	1:23.59	3:01.50	6:23.51	13:06.81	25:03.76	42.70	1:32.27	3:22.73	48.11	1:44.28	3:42.88	40.58	1:30.05	3:20.63	1:30.90	3:21.47	7:06.30
	8	39.51	1:26.61	3:08.18	6:38.05	13:37.98	26:03.51	44.13	1:35.29	3:29.25	49.71	1:47.73	3:50.46	41.99	1:33.16	3:27.38	1:33.95	3:28.74	7:22.05
	7	40.88	1:29.63	3:14.87	6:52.60	14:09.15	27:03.26	45.56	1:38.31	3:35.77	51.31	1:51.19	3:58.05	43.40	1:36.27	3:34.12	1:37.01	3:36.01	7:37.80
	6	42.25	1:32.65	3:21.55	7:07.14	14:40.33	28:03.01	46.99	1:41.34	3:42.29	52.91	1:54.64	4:05.63	44.81	1:39.38	3:40.87	1:40.06	3:43.29	7:53.55
B	5	43.62	1:35.66	3:28.23	7:21.68	15:11.50	29:02.76	48.41	1:44.36	3:48.81	54.51	1:58.09	4:13.22	46.22	1:42.49	3:47.61	1:43.11	3:50.56	8:09.30
	4	44.99	1:38.68	3:34.92	7:36.23	15:42.67	30:02.51	49.84	1:47.38	3:55.33	56.11	2:01.55	4:20.80	47.63	1:45.60	3:54.35	1:46.17	3:57.83	8:25.05
	3	46.36	1:41.70	3:41.60	7:50.77	16:13.84	31:02.26	51.27	1:50.40	4:01.85	57.71	2:05.00	4:28.39	49.04	1:48.71	4:01.10	1:49.22	4:05.10	8:40.80
	2	47.73	1:44.72	3:48.28	8:05.31	16:45.01	32:02.01	52.70	1:53.42	4:08.37	59.31	2:08.45	4:35.97	50.45	1:51.82	4:07.84	1:52.27	4:12.37	8:56.55
	1	49.11	1:47.74	3:54.97	8:19.86	17:16.19	33:01.76	54.13	1:56.45	4:14.89	1:00.91	2:11.91	4:43.56	51.87	1:54.93	4:14.59	1:55.33	4:19.65	9:12.30

女子 9歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	29.40	1:04.33	2:18.97	4:51.29	9:50.29	18:47.21	33.19	1:12.03	2:38.79	37.17	1:20.65	2:51.23	31.52	1:10.07	2:37.04	1:11.43	2:35.50	5:27.00
	14	29.85	1:05.32	2:21.10	4:55.74	9:59.25	19:04.33	33.78	1:13.33	2:41.69	37.91	1:22.25	2:54.63	32.01	1:11.16	2:39.51	1:12.48	2:37.77	5:31.78
	13	30.30	1:06.31	2:23.23	5:00.20	10:08.22	19:21.45	34.38	1:14.64	2:44.60	38.65	1:23.86	2:58.04	32.50	1:12.25	2:41.98	1:13.54	2:40.05	5:36.56
	12	30.75	1:07.30	2:25.36	5:04.66	10:17.19	19:38.57	34.97	1:15.94	2:47.51	39.39	1:25.47	3:01.44	32.99	1:13.34	2:44.45	1:14.59	2:42.33	5:41.34
	11	31.20	1:08.29	2:27.50	5:09.12	10:26.16	19:55.69	35.57	1:17.25	2:50.42	40.14	1:27.08	3:04.85	33.48	1:14.43	2:46.92	1:15.65	2:44.61	5:46.12
A	10	32.60	1:11.38	2:34.38	5:24.22	10:58.93	20:58.55	36.99	1:20.24	2:56.84	41.73	1:30.51	3:12.47	34.90	1:17.56	2:53.66	1:18.70	2:52.05	6:02.35
	9	34.00	1:14.47	2:41.26	5:39.32	11:31.70	22:01.41	38.42	1:23.24	3:03.26	43.32	1:33.95	3:20.09	36.33	1:20.70	3:00.41	1:21.75	2:59.49	6:18.58
	8	35.40	1:17.56	2:48.14	5:54.43	12:04.47	23:04.27	39.85	1:26.23	3:09.69	44.91	1:37.38	3:27.71	37.76	1:23.84	3:07.15	1:24.80	3:06.93	6:34.81
	7	36.80	1:20.65	2:55.02	6:09.53	12:37.24	24:07.13	41.27	1:29.23	3:16.11	46.51	1:40.82	3:35.33	39.18	1:26.97	3:13.90	1:27.86	3:14.38	6:51.04
	6	38.20	1:23.74	3:01.90	6:24.64	13:10.01	25:10.00	42.70	1:32.22	3:22.54	48.10	1:44.26	3:42.95	40.61	1:30.11	3:20.65	1:30.91	3:21.82	7:07.28
B	5	39.60	1:26.83	3:08.78	6:39.74	13:42.78	26:12.86	44.13	1:35.22	3:28.96	49.69	1:47.69	3:50.57	42.04	1:33.25	3:27.39	1:33.96	3:29.26	7:23.51
	4	41.00	1:29.92	3:15.66	6:54.84	14:15.55	27:15.72	45.55	1:38.21	3:35.38	51.29	1:51.13	3:58.19	43.46	1:36.38	3:34.14	1:37.02	3:36.71	7:39.74
	3	42.40	1:33.01	3:22.54	7:09.95	14:48.32	28:18.58	46.98	1:41.21	3:41.81	52.88	1:54.56	4:05.81	44.89	1:39.52	3:40.88	1:40.07	3:44.15	7:55.97
	2	43.80	1:36.10	3:29.42	7:25.05	15:21.09	29:21.44	48.41	1:44.20	3:48.23	54.47	1:58.00	4:13.43	46.32	1:42.66	3:47.63	1:43.12	3:51.59	8:12.20
	1	45.21	1:39.19	3:36.31	7:40.16	15:53.87	30:24.31	49.84	1:47.20	3:54.66	56.07	2:01.44	4:21.05	47.75	1:45.80	3:54.38	1:46.18	3:59.04	8:28.44

女子 10歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	27.90	1:01.00	2:11.79	4:36.35	9:20.69	17:50.70	31.17	1:07.47	2:28.33	34.66	1:15.22	2:39.80	29.71	1:06.01	2:27.58	1:07.19	2:26.47	5:08.04
	14	28.40	1:02.11	2:14.18	4:41.33	9:30.55	18:09.53	31.84	1:08.99	2:31.81	35.49	1:17.03	2:43.61	30.31	1:07.36	2:30.73	1:08.60	2:29.48	5:14.36
	13	28.90	1:03.22	2:16.58	4:46.31	9:40.42	18:28.37	32.52	1:10.51	2:35.30	36.33	1:18.84	2:47.42	30.92	1:08.72	2:33.89	1:10.02	2:32.49	5:20.68
	12	29.40	1:04.33	2:18.97	4:51.29	9:50.29	18:47.21	33.19	1:12.03	2:38.79	37.17	1:20.65	2:51.23	31.52	1:10.07	2:37.04	1:11.43	2:35.50	5:27.00
	11	29.90	1:05.45	2:21.37	4:56.28	10:00.16	19:06.05	33.87	1:13.56	2:42.28	38.01	1:22.46	2:55.05	32.13	1:11.43	2:40.20	1:12.85	2:38.52	5:33.32
A	10	31.06	1:08.01	2:27.09	5:08.91	10:27.75	19:59.00	35.06	1:16.04	2:47.60	39.35	1:25.36	3:01.51	33.30	1:14.00	2:45.70	1:15.31	2:44.62	5:46.68
	9	32.22	1:10.58	2:32.82	5:21.55	10:55.34	20:51.95	36.25	1:18.53	2:52.92	40.70	1:28.27	3:07.98	34.47	1:16.57	2:51.21	1:17.78	2:50.72	6:00.05
	8	33.38	1:13.14	2:38.55	5:34.18	11:22.93	21:44.90	37.44	1:21.02	2:58.24	42.05	1:31.17	3:14.45	35.64	1:19.15	2:56.71	1:20.24	2:56.82	6:13.41
	7	34.54	1:15.71	2:44.28	5:46.82	11:50.53	22:37.85	38.63	1:23.51	3:03.57	43.40	1:34.08	3:20.92	36.81	1:21.72	3:02.22	1:22.71	3:02.92	6:26.78
	6	35.71	1:18.27	2:50.01	5:59.45	12:18.12	23:30.81	39.82	1:26.00	3:08.89	44.75	1:36.99	3:27.39	37.99	1:24.30	3:07.72	1:25.18	3:09.02	6:40.14
B	5	36.87	1:20.84	2:55.74	6:12.09	12:45.71	24:23.76	41.01	1:28.49	3:14.21	46.09	1:39.89	3:33.86	39.16	1:26.87	3:13.23	1:27.64	3:15.12	6:53.51
	4	38.03	1:23.40	3:01.47	6:24.72	13:13.31	25:16.71	42.20	1:30.98	3:19.54	47.44	1:42.80	3:40.33	40.33	1:29.44	3:18.73	1:30.11	3:21.22	7:06.87
	3	39.19	1:25.97	3:07.20	6:37.36	13:40.90	26:09.66	43.39	1:33.47	3:24.86	48.79	1:45.70	3:46.80	41.50	1:32.02	3:24.24	1:32.57	3:27.32	7:20.24
	2	40.35	1:28.53	3:12.93	6:49.99	14:08.49	27:02.61	44.58	1:35.96	3:30.18	50.14	1:48.61	3:53.27	42.67	1:34.59	3:29.74	1:35.04	3:33.42	7:33.60
	1	41.52	1:31.10	3:18.66	7:02.63	14:36.09	27:55.57	45.77	1:38.45	3:35.51	51.49	1:51.52	3:59.74	43.85	1:37.17	3:35.25	1:37.51	3:39.53	7:46.97

女子 11歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	26.40	57.46	2:04.18	4:20.84	8:51.92												

2025年度 水泳資格級表

女子 13歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	25.63	55.70	2:00.27	4:13.08	8:38.93	16:30.95	28.34	1:00.66	2:11.14	31.70	1:08.79	2:26.75	26.93	59.64	2:11.27	1:00.73	2:13.98	4:42.09
	14	25.97	56.45	2:01.82	4:16.08	8:43.45	16:39.59	28.84	1:01.65	2:13.18	32.08	1:09.72	2:28.62	27.33	1:00.58	2:13.36	1:01.79	2:15.83	4:45.89
	13	26.31	57.21	2:03.38	4:19.09	8:47.98	16:48.24	29.34	1:02.65	2:15.22	32.47	1:10.65	2:30.49	27.73	1:01.52	2:15.46	1:02.85	2:17.68	4:49.69
	12	26.65	57.97	2:04.93	4:22.10	8:52.51	16:56.88	29.84	1:03.65	2:17.26	32.85	1:11.58	2:32.36	28.13	1:02.46	2:17.56	1:03.91	2:19.53	4:53.49
	11	26.99	58.73	2:06.49	4:25.11	8:57.04	17:05.53	30.34	1:04.65	2:19.30	33.24	1:12.51	2:34.24	28.54	1:03.40	2:19.66	1:04.97	2:21.38	4:57.30
A	10	27.96	1:00.84	2:11.17	4:35.22	9:18.91	17:47.29	31.34	1:06.80	2:24.23	34.48	1:15.12	2:39.85	29.53	1:05.56	2:24.55	1:07.00	2:26.46	5:08.18
	9	28.93	1:02.95	2:15.85	4:45.34	9:40.78	18:29.05	32.34	1:08.96	2:29.16	35.72	1:17.74	2:45.47	30.53	1:07.72	2:29.44	1:09.04	2:31.55	5:19.07
	8	29.90	1:05.07	2:20.53	4:55.46	10:02.65	19:10.82	33.34	1:11.12	2:34.09	36.96	1:20.36	2:51.08	31.53	1:09.88	2:34.34	1:11.08	2:36.64	5:29.95
	7	30.87	1:07.18	2:25.22	5:05.58	10:24.52	19:52.58	34.34	1:13.27	2:39.02	38.20	1:22.98	2:56.70	32.53	1:12.04	2:39.23	1:13.12	2:41.72	5:40.84
	6	31.84	1:09.30	2:29.90	5:15.70	10:46.39	20:34.35	35.34	1:15.43	2:43.95	39.45	1:25.60	3:02.31	33.53	1:14.20	2:44.13	1:15.16	2:46.81	5:51.72
B	5	32.81	1:11.41	2:34.58	5:25.82	11:08.26	21:16.11	36.34	1:17.59	2:48.88	40.69	1:28.21	3:07.93	34.52	1:16.36	2:49.02	1:17.19	2:51.90	6:02.61
	4	33.78	1:13.52	2:39.27	5:35.94	11:30.13	21:57.87	37.34	1:19.74	2:53.81	41.93	1:30.83	3:13.54	35.52	1:18.52	2:53.91	1:19.23	2:56.98	6:13.49
	3	34.75	1:15.64	2:43.95	5:46.06	11:52.00	22:39.64	38.34	1:21.90	2:58.74	43.17	1:33.45	3:19.16	36.52	1:20.68	2:58.81	1:21.27	3:02.07	6:24.38
	2	35.72	1:17.75	2:48.63	5:56.18	12:13.87	23:21.40	39.34	1:24.06	3:03.67	44.41	1:36.07	3:24.77	37.52	1:22.84	3:03.70	1:23.31	3:07.16	6:35.26
	1	36.70	1:19.87	2:53.32	6:06.30	12:35.74	24:03.17	40.34	1:26.22	3:08.61	45.66	1:38.69	3:30.39	38.52	1:25.00	3:08.60	1:25.35	3:12.25	6:46.15

女子 14歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	25.25	54.84	1:58.57	4:09.77	8:34.29	16:22.09	27.80	59.58	2:09.19	31.25	1:07.69	2:24.53	26.49	58.61	2:09.34	59.55	2:12.01	4:38.14
	14	25.63	55.70	2:00.27	4:13.08	8:38.93	16:30.95	28.34	1:00.66	2:11.14	31.70	1:08.79	2:26.75	26.93	59.64	2:11.27	1:00.73	2:13.98	4:42.09
	13	26.02	56.56	2:01.98	4:16.40	8:43.57	16:39.81	28.89	1:01.74	2:13.09	32.15	1:09.89	2:28.97	27.37	1:00.67	2:13.20	1:01.92	2:15.95	4:46.04
	12	26.40	57.42	2:03.69	4:19.72	8:48.21	16:48.67	29.44	1:02.82	2:15.04	32.60	1:10.99	2:31.19	27.81	1:01.70	2:15.13	1:03.10	2:17.92	4:49.99
	11	26.79	58.28	2:05.40	4:23.04	8:52.85	16:57.53	29.99	1:03.90	2:16.99	33.05	1:12.09	2:33.42	28.25	1:02.74	2:17.07	1:04.29	2:19.89	4:53.95
A	10	27.64	1:00.15	2:09.56	4:32.03	9:12.40	17:34.86	30.87	1:05.82	2:21.46	34.14	1:14.39	2:38.35	29.13	1:04.65	2:21.53	1:06.08	2:24.42	5:03.69
	9	28.50	1:02.02	2:13.72	4:41.03	9:31.95	18:12.20	31.76	1:07.74	2:25.94	35.24	1:16.69	2:43.28	30.02	1:06.57	2:26.00	1:07.88	2:28.96	5:13.44
	8	29.36	1:03.89	2:17.89	4:50.03	9:51.50	18:49.53	32.65	1:09.66	2:30.42	36.33	1:18.99	2:48.22	30.91	1:08.49	2:30.47	1:09.68	2:33.50	5:23.19
	7	30.22	1:05.76	2:22.05	4:59.03	10:11.05	19:26.87	33.54	1:11.58	2:34.90	37.43	1:21.29	2:53.15	31.80	1:10.41	2:34.94	1:11.47	2:38.04	5:32.94
	6	31.08	1:07.63	2:26.22	5:08.03	10:30.60	20:04.20	34.43	1:13.50	2:39.38	38.53	1:23.60	2:58.09	32.69	1:12.33	2:39.41	1:13.27	2:42.58	5:42.69
B	5	31.93	1:09.50	2:30.38	5:17.02	10:50.15	20:41.54	35.32	1:15.42	2:43.86	39.62	1:25.90	3:03.02	33.57	1:14.24	2:43.88	1:15.07	2:47.12	5:52.43
	4	32.79	1:11.37	2:34.54	5:26.02	11:09.70	21:18.87	36.21	1:17.34	2:48.34	40.72	1:28.20	3:07.95	34.46	1:16.16	2:48.35	1:16.86	2:51.66	6:02.18
	3	33.65	1:13.24	2:38.71	5:35.02	11:29.25	21:56.21	37.10	1:19.26	2:52.82	41.81	1:30.50	3:12.89	35.35	1:18.08	2:52.82	1:18.66	2:56.20	6:11.93
	2	34.51	1:15.11	2:42.87	5:44.12	11:48.80	22:33.54	37.99	1:21.18	2:57.30	42.91	1:32.80	3:17.82	36.24	1:20.00	2:57.29	1:20.46	3:00.74	6:21.68
	1	35.37	1:16.98	2:47.04	5:53.02	12:08.36	23:10.88	38.88	1:23.10	3:01.78	44.01	1:35.11	3:22.76	37.13	1:21.92	3:01.76	1:22.26	3:05.28	6:31.43

女子 15~16歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー			
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m	
AA	15	24.86	54.08	1:57.10	4:07.04	8:28.93	16:11.86	27.28	58.59	2:07.58	30.88	1:06.71	2:22.42	26.12	57.70	2:07.60	58.30	2:10.11	4:34.47
	14	25.25	54.84	1:58.57	4:09.77	8:34.29	16:22.09	27.80	59.58	2:09.19	31.25	1:07.69	2:24.53	26.49	58.61	2:09.34	59.55	2:12.01	4:38.14
	13	25.64	55.61	2:00.05	4:12.51	8:39.65	16:32.33	28.32	1:00.58	2:10.81	31.63	1:08.68	2:26.65	26.87	59.53	2:11.09	1:00.80	2:13.92	4:41.82
	12	26.03	56.37	2:01.53	4:15.24	8:45.01	16:42.57	28.84	1:01.58	2:12.42	32.01	1:09.67	2:28.77	27.24	1:00.44	2:12.83	1:02.05	2:15.83	4:45.49
	11	26.42	57.14	2:03.01	4:17.98	8:50.38	16:52.81	29.37	1:02.58	2:14.04	32.39	1:10.66	2:30.89	27.62	1:01.36	2:14.58	1:03.30	2:17.74	4:49.17
A	10	27.26	59.01	2:07.17	4:26.98	9:09.13	17:28.63	30.26	1:04.51	2:18.55	33.48	1:12.96	2:35.78	28.51	1:03.29	2:19.03	1:05.07	2:22.23	4:58.83
	9	28.11	1:00.88	2:11.33	4:35.98	9:27.89	18:04.45	31.16	1:06.44	2:23.06	34.58	1:15.27	2:40.68	29.41	1:05.23	2:23.49	1:06.85	2:26.72	5:08.50
	8	28.95	1:02.76	2:15.50	4:44.98	9:46.65	18:40.27	32.05	1:08.37	2:27.58	35.68	1:17.58	2:45.58	30.31	1:07.17	2:27.95	1:08.63	2:31.21	5:18.17
	7	29.80	1:04.63	2:19.66	4:53.98	10:05.40	19:16.09	32.95	1:10.31	2:32.09	36.78	1:19.89	2:50.48	31.21	1:09.11	2:32.41	1:10.41	2:35.70	5:27.83
	6	30.64	1:06.51	2:23.83	5:02.98	10:24.16	19:51.91	33.84	1:12.24	2:36.61	37.88	1:22.20	2:55.38	32.11	1:11.05	2:36.87	1:12.19	2:40.19	5:37.50
B	5	31.49	1:08.38	2:27.99	5:11.98	10:42.92	20:27.73	34.74	1:14.17	2:41.12	38.98	1:24.51	3:00.27	33.00	1:12.99	2:41.33	1:13.96	2:44.68	5:47.17
	4	32.33	1:10.25	2:32.15	5:20.98	11:01.67	21:03.55	35.63	1:16.11	2:45.63	40.08	1:26.82	3:05.17	33.90	1:14.93	2:45.79	1:15.74	2:49.17	5:56.83
	3	33.18	1:12.13	2:36.32	5:29.98	11:20.43	21:39.37	36.53	1:18.04	2:50.15	41.18	1:29.13	3:10.07	34.80	1:16.87	2:50.25	1:17.52	2:53.66	6:06.50
	2	34.02	1:14.00	2:40.48	5:38.98	11:39.19	22:15.19	37.42	1:19.97	2:54.66	42.28	1:31.44	3:14.97	35.70	1:18.81	2:54.71	1:19.30	2:58.15	6:16.17
	1	34.87	1:15.88	2:44.65	5:47.98	11:57.95	22:51.01	38.32	1:21.91	2:59.18	43.38	1:33.75	3:19.87	36.60	1:20.75	2:59.17	1:21.08	3:02.64	6:25.84

女子 17~18歳	自由形						背泳ぎ			平泳ぎ			バタフライ			個人メドレー		
	50m	100m	200m	400m	800m	1500m	50m	100m	200m	50m	100m	200m	50m	100m	200m	100m	200m	400m
AA	15	24.41	53.12	1:55.26	4:03.59	8:22.57	15:59.71	26.83	57.34	2:05.43	30.37	1:05.						